Cork County Coastal Rowing Championships 2015 Information Pack



Courtmacsherry Rowing Club are delighted to invite you to the 2015 Cork County Coastal Rowing Championships, for what promises to be a great day out for all the family.

2015 sees the County Finals return to Broadstrand, just outside the village of Courtmacsherry and with a 14 lane course more teams than ever before will be able to take part in each final.

This year the county coincides with the Courtmacsherry Harbour Festival. We would encourage people to stay around for the "Fancy Dress" parade as well as the Fireworks display that will take place in the village after the county finals, they are both a site to behold - and after all it is a bank holiday weekend.

Please find here information relating to the event that will help you with your preparations and as you arrive at Broadstrand.



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Directions & Access:

The event will be clearly signposted from Courtmacsherry Village (point A on the map). A one way system, traffic management plan, will be in operation through out the day (starting at point B on the map). All traffic including including those transporting boats and club equipment must approach the venue on the same route - follow the signs from point B on the map below.

Those transporting boats and club equipment will be allowed temporary access to the beach for unloading purposes only, these vehicles must be removed to the assigned carparks on completion of unloading.

Secure **overnight storage** is available for any clubs wishing to drop off boats the day before the event, please contact Courtmacsherry Rowing Club by email to make arrangements.

Rowers & spectators must park in the assigned car park. There is a short walk (approximately 300m) from the car-park to the event field.

Disabled parking is available as required in the event field. Speak with the stewards as you approach the venue and they will grant you access to this parking.

Club marquees and tents can be erected in the assigned area in the event field or on Broadstrand beach.

Your free event program will be available for collection at the entry point to the event field (point F on the map).

The event area opens at 7am with the first race at 9am. All parking is free of Charge



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Food

Food will be available on site through out the day:

Java Republic Coffee & Treats

HP Ice Cream

Glanmire Ices - Cones

Knowles Crepes & Treats

The food gazebo will also be serving the following through out the day:

FOOD MENU All Day Breakfast Roll....

Breakfast Roll	€3.50			
Light Bites				
Soup of the Day (two options)	€2.50			
Sandwiches	.€2.50			
Selection of Salads	. €2.50			
Chips	€2.50			

On the BBQ....

Butcher style Burger€3.00			
Sweet Treats			
Choose from a selection of cakes€2.00			

SNACK SHOP

Bottled Water	€1.00
Minerals	€1.00
Tea/Coffee	€1.00
Chocolate Bars	€1.00
Crisps	€1.00

Food is also be available in Courtmacsherry Village at Courtmacsherry Hotel, The Golden Pheasant Coffee Shop, Travarra Lodge Tea Rooms & The Lifeboat Inn.

Entertainment

To keep the little ones entertained through out the day the following FREE entertainment is available on site:

Bouncy Castles - From 11am to 5pm Face Painting - From 1pm to 4.30pm Balloon Twisting - From 1pm to 4.30pm

Race Schedule - Sunday 2nd August 2015

Race No.	Race	Expected Start Time	Course
	Venue Opens	07.00 am	
	Club Captains & Coxswains Meeting	08.15 am	At the starting Podium
1	Veteran Men	09.00 am	1500 meters
2	Veteran Ladies	09.20 am	1500 meters
3	Senior Mixed	09.40 am	1500 meters
4	Under 21 Ladies	10.00 am	1500 meters
5	Under 21	10.20 am	2300 meters
6	Under 12 Ladies	10.40 am	800 meters
7	Under 16 Ladies	11.00 am	800 meters
8	Under 14	11.20 am	800 meters
9	Pre Vet Mixed	11.40 am	1500 meters
10	Master Mixed	12.00 noon	1500 meters
11	Under 12	12.20 pm	800 meters
12	Under 16	12.40 pm	1500 meters
13	Under 14 Ladies	13.00 pm	800 meters
14	Pre Vet Ladies	13.20 pm	1500 meters
15	Under 18 Ladies	13.40 pm	1500 meters
16	Pre Vet Men	14.00 pm	1500 meters
17	Under 18	14.20 pm	1500 meters
18	Masters Men *	14.40 pm	1500 meters
19	Masters Ladies *	14.40 pm	1500 meters
20	Intermediate Ladies	15.00 pm	1500 meters
21	Junior Ladies	15.20 pm	1500 meters
22	Senior Ladies	15.40 pm	1500 meters
23	Junior Men	16.00 pm	2300 meters
24	Vet Mixed	16.20 pm	1500 meters
25	Intermediate Men	16.40 pm	2300 meters
26	Senior Men	17.00 pm	2300 meters
	Prize Giving	18.00 pm	

Note: These are expected start times and subject to change. All participants are advised to be at

the venue a minimum of one hour in advance of the expected start time.

* Masters Ladies & Masters Mens races are run together at the same time.





Tide - Low: 0.1m 1.53pm High: 4.5m 7.45pm





"The friendly Festival which contains something for all the family"

> ALL EVENTS ARE OPEN TO BOTH MALE & FEMALE UNLESS OTHERWISE STATED ON PROGRAMME





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